



**TIMUCUAN**  
PARKS FOUNDATION

# Student Self-Guided Volunteer Cleanups



## *For each “event”*

### 1. Plan where to go and with whom

Look at the [TPF Parks Map](#) and decide where you want to go.

\* Go with a family member or 1-2 friends  
(Other parks not on our website are okay, too.)

### 3. Go!

Visit the park of your choice and pick up litter for 1.5 or more hours.

Be safe!

- Wear protective gloves.
- Do not pick up anything sharp or pointy or dead.
- Fill bags about 1/2 to 3/4 so you can still lift and tie them easily.

**Take pictures!** Before and After, selfies, your friends, and a final one of you and your trash bags. **YOU WILL NEED THESE FOR STEP 4.**

Tie up your trash bags and leave them in or around a park trash receptacle.

### 2. Prepare

Decide when you want to go. Check the weather and temperature.

Pack the items you'll need: Dress appropriately wearing:

- water and a snack
- insect repellent and sunscreen
- 2–3 large 30-gallon trash bags
- disposable gloves
- closed-toe shoes
- breathable shirt and pants/shorts
- a hat

### 4. Wrap up and reflection

Email your photos to [volunteer@timucuanparks.org](mailto:volunteer@timucuanparks.org).

Or share photos and park location on social media using [#tpfcleanup](#) or [@timucuanparks](#)

**AND...**

Complete the online Parks Cleanup Completed form at: [timucuanparks.org/self-guided](https://timucuanparks.org/self-guided)

Timucuan Parks Foundation will then email you confirmation of two (2) hours of community service.

**This program is also open to community members.**

Questions? Contact TPF at [volunteer@timucuanparks.org](mailto:volunteer@timucuanparks.org), visit [timucuanparks.org/self-guided](https://timucuanparks.org/self-guided) or call 904-374-1107.

**Have fun and thank you!**